

GLYN HARRIS

RHONDDA POLAR BEARS DISABLED SWIMMING CLUB

Glyn has been volunteering with the Rhondda Polar Bears for nearly 50 years! As a coach with Rhondda Swimming club, he heard that a new disability swimming club was being set-up and he offered his experience and expertise. Once the club was established, Glyn became a coach and later joined the committee.

Glyn has dedicated so much time to the club over the years, helping countless swimmers. He gives up his time freely to help junior and adult swimmers with various disabilities, during training and when competing at galas.

The club now boasts more than 120 members and their continued success and growth is thanks to dedicated volunteers like Glyn.



Chwaraeon RhCT
Sport RCT

**VOLUNTEER
OF THE MONTH**
JUNE 2023