

CLAIRE THOMAS

PONTYPRIDD SWIMMING CLUB

Claire is a volunteer with Pontypridd Swimming Club and has several different roles.

She is the Team Manager, responsible for organising the swimmers at galas. Claire is also the Welfare Officer, and an occasional coach, who organises the other coaches in the absence of a Head Coach. She procures the club kit for swimmers, deals with new member enquiries to arrange trials, and liaises with all coaches to look at swimmer progression. The club relies heavily on her (and her husband!).

Claire initially volunteered because her children swam for the club, but both children now swim for other clubs, and she has remained committed to Pontypridd. The club are extremely grateful to her for her time and dedication as they know it is a challenge to manage volunteering, family life and working full time as a teacher.



Chwaraeon RhCT
Sport RCT

**VOLUNTEER
OF THE MONTH**
DECEMBER 2023