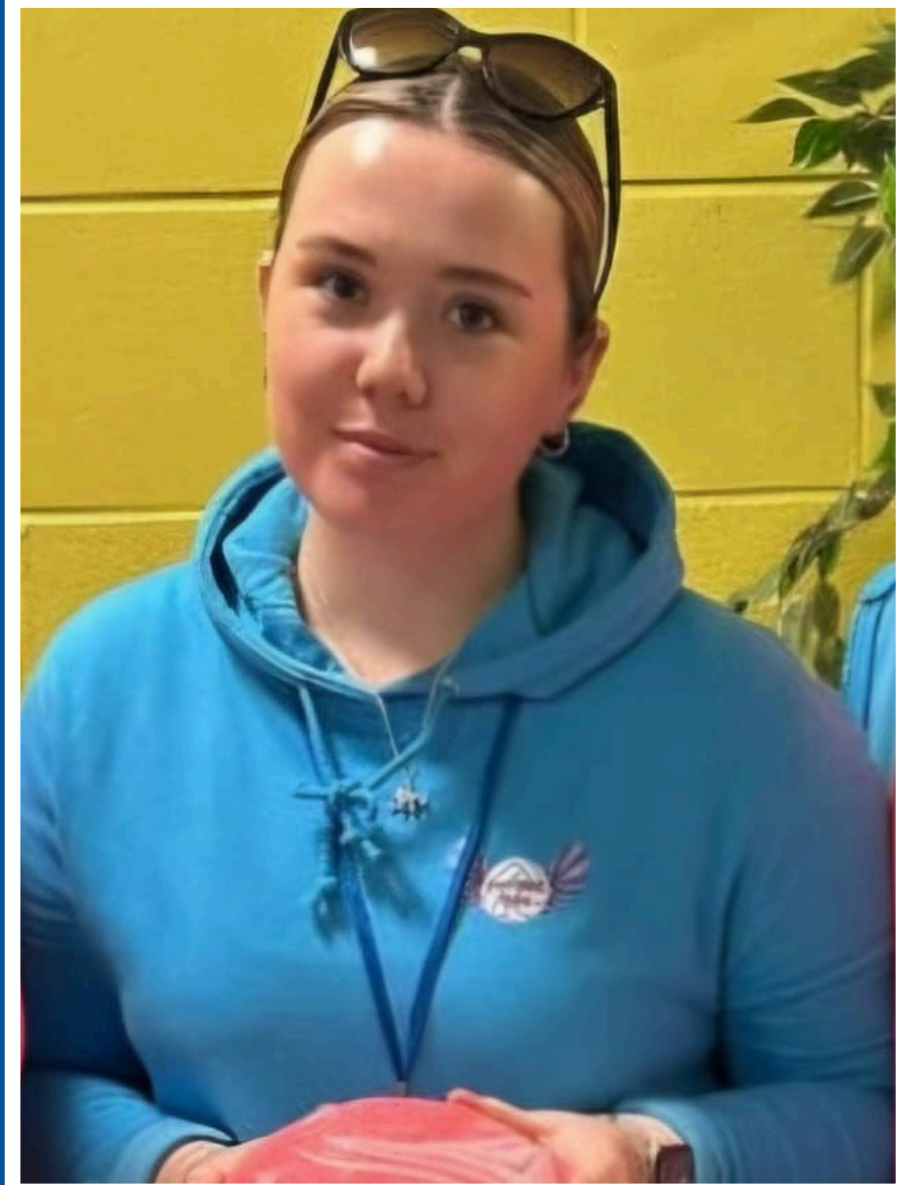


SYDNEY WATKINS DARE VALLEY FLYERS

Dare Valley Flyers are a new Netball club, based in Aberdare. The club launched in January, after appealing online for volunteers.

Sydney saw the social media advert and contacted the club to sign up as a volunteer coach! Since January Sydney has shown true dedication to the club. She has taken on the role of Head Coach, while juggling her college course and job.

Sydney plans and delivers all training sessions and has organised friendly matches against local clubs. To boost membership, she has also visited local schools and delivered fun taster sessions. In such a short space of time, Sydney has built and continues to build a lovely rapport with all players. She encourages and motivates them to learn and develop. The club feel very lucky to have her!



Chwaraeon RhCT
Sport RCT

**VOLUNTEER
OF THE MONTH**

MAY 2024