

ADAM WILLIAMS

WCKA ABERDARE & TYLORSTOWN

17 year old Adam overcomes his disability and lives life to the full. He competes with WCKA and has recently been selected to represent Team Wales in the 2024 World Kickboxing Championships in Rhodes, later this year.

Despite being busy with his own training, Adam finds the time to volunteer as an assistant coach with WCKA Aberdare and Tylorstown. He helps with Little Dragons (age 4-7) and Kids Zone (age 8-13) classes, using his skills and experience to help younger students and inspire them to achieve. Adam has completed his NSPCC Safeguarding and First Aid training and is developing into a fantastic coach. As well as coaching, Adam supports students with their belt gradings and he also referees during interclub meets.

Good Luck in Rhodes Adam!



Chwaraeon RhCT
Sport RCT

**VOLUNTEER
OF THE MONTH**

JUNE 2024