

MARK & ALISON THOMAS

PONTYPRIDD RFC MINI & JUNIORS

Alison and Mark are involved in every aspect of Pontypridd RFC Mini & Junior Rugby and are always there to support the 250+ registered members across 10 age groups. They have been involved for over 15 years and not a day goes by where they aren't doing something for the club.

Mark is currently the chairman of the section and volunteers with the youth side. He spends hours helping to coach teams and supporting newer coaches on their coaching journey. Alison is the fixture secretary and events coordinator. Each week she spends hours ensuring that all age groups have games, often finding two opponents per age group, to cater for their large numbers. She also leads a very busy team that organises regular events, such as Christmas Fayres, parties, festivals and tours.



Chwaraeon RhCT
Sport RCT

**VOLUNTEER
OF THE MONTH**
FEBRUARY 2024