

Chwaraeon RhCT
Sport RCT

Ymuno â ni am...

Haf o Hwyl

2024

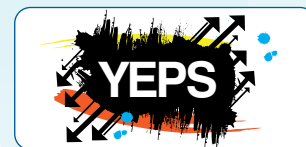
Wythnos 1: 22 - 25 Gorffennaf

Dydd Llun 22	12pm - 2pm Diwrnod Reidio Beic Ystrad I bob oed AM DDIM	12pm - 2pm Gwersyll Dodgeball Llantrisant 3-15 oed £3	2pm - 4pm Mynediad Agored i Gae 3G Aberdâr 11-25 oed AM DDIM
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Dydd Mawrth 23	4pm - 5pm “Just Play Football” CBDC Abercynon 6-9 oed £2		
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Dydd Mercher 24	10am - 2pm Diwrnod Reidio Beic Aberdâr I bob oed AM DDIM	12pm - 4pm Mynediad Agored i Gae 3G Aberpennar 11-25 oed AM DDIM	4pm - 5pm CBDC “Just Play Football” Tonyrefail 6-9 oed £2	5pm - 6pm Prosiect Ieuenctid Fernhill: Aml-Chwaraeon Aberpennar 11-25 oed AM DDIM
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Dydd Iau 25	4pm - 5pm “Just Play Football” CBDC Treherbert 6-9 oed £2		
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Wythnos 2: 29 Gorffennaf - 1 Awst

Dydd
Llun
29

12pm - 2pm
Diwrnod Reidio Beic
Ystrad
I bob oed
AM DDIM

2pm - 4pm
Mynediad Agored i Gae 3G
Aberdâr
11-25 oed
AM DDIM

Dydd
Mawrth
30

4pm - 5pm
“Just Play Football” CBDC
Abercynon
6-9 oed £2

Dydd
Mercher
31

10am - 2pm
Gwersyll Hoci
Pontypridd
9-11 oed
£5

10am - 2pm
Diwrnod Reidio Beic
Aberdâr
I bob oed
AM DDIM

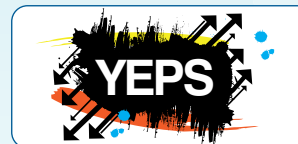
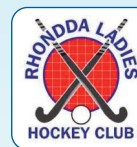
12pm - 4pm
Mynediad Agored i Gae 3G
Aberpennar
11-25 oed
AM DDIM

4pm - 5pm
“Just Play Football” CBDC
Tonyrefail
6-9 oed
£2

5pm - 6pm
Prosiect Ieuenctid Fernhill: Aml-Chwaraeon
Aberpennar
11-25 oed
AM DDIM

Dydd
Iau
1

4pm - 5pm
“Just Play Football” CBDC
Treherbert
6-9 oed £2



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Wythnos 3: 5 - 9 Awst

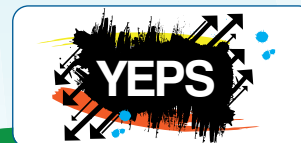
DYDD Llun 5	10am - 12pm Gwersyll Dodgeball Abercynon 3-15 oed £3	12pm - 2pm Diwrnod Reidio Beic Ystrad I bob oed AM DDIM	2pm - 4pm Mynediad Agored i Gae 3G Aberdâr 11-25 oed AM DDIM
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DYDD Mawrth 6	4pm - 5pm "Just Play Football" CBDC Abercynon 6-9 oed £2		
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DYDD Mercher 7	10am - 2pm Diwrnod Reidio Beic Aberdâr I bob oed AM DDIM	12pm - 3pm Mynediad Agored i Gae 3G Glynrhedynog 11-25 oed AM DDIM	12pm - 4pm Mynediad Agored i Gae 3G Aberpennar 11-25 oed AM DDIM	4pm - 5pm "Just Play Football" CBDC Tonyrefail 6-9 oed £2	5pm - 6pm Prosiect Ieuenctid Fernhill: Aml-Chwaraeon Aberpennar 11-25 oed AM DDIM
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DYDD Iau 8	4pm - 5pm "Just Play Football" CBDC Treherbert 6-9 oed £2		
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DYDD Gwener 9	10am - 12pm Gwersyll Chwaraeon Cynhwysol Aberdâr 3-16 oed £3
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Wythnos 4: 12 - 16 Awst

DYDD Llun 12	10am - 12pm Gwersyll Chwaraeon i Blant ag Anabledd Cwm Clydach 5-16 oed £3	12pm - 2pm Diwrnod Reidio Beic Ystrad I bob oed AM DDIM	12:15pm - 1pm Sesiwn Chwaraeon RhCT i Blant Bach Y Ddraenen-Wen 2-5 oed £2
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DYDD Mawrth 13	10am - 2pm Gwersyll Pêl-droed i Ferched Aberdâr 6-13 oed £5	4pm - 5pm "Just Play Football" CBDC Abercynon 6-9 oed £2
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DYDD Mercher 14	10am - 10:45am Sesiwn Chwaraeon RhCT i Blant Bach Ystrad 2-5 oed £2	10am - 2pm Diwrnod Reidio Beic Aberdâr I bob oed AM DDIM	12pm - 3pm Mynediad Agored i Gae 3G Glynrhedynog 11-25 oed AM DDIM	4pm - 5pm "Just Play Football" CBDC Tonyrefail 6-9 oed £2	5pm - 6pm Prosiect Ieuenctid Fernhill: Aml-Chwaraeon Aberpennar 11-25 oed AM DDIM
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DYDD Iau 15	4pm - 5pm "Just Play Football" CBDC Treherbert 6-9 oed £2
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DYDD Gwener 16	10am - 12pm Gwersyll Chwaraeon Cynhwysol Aberdâr 3-16 oed AM DDIM	10am - 1pm Gwersyll Athletau Cwm Clydach 5-11 oed £3					
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Mae croeso i chi gyfathrebu â ni yn y Gymraeg • You are welcome to communicate with us in Welsh


RHONDDA CYNON TAF

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Wythnos 5: 19 - 23 Awst

DYDD Llun 19	10am - 10:45am Sesiwn Chwaraeon RhCT i Blant Bach Abercynon 2-5 oed £2	10am - 12pm Gwersyll Dodgeball Ystrad 3-15 oed £3	10am - 12pm Gwersyll Chwaraeon i Blant ag Anabledd Cwm Clydach 5-16 oed £3	12pm - 2pm Diwrnod Reidio Beic Ystrad I bob oed AM DDIM
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DYDD Mawrth 20	10am - 2pm Gwersyll Pêl-rwyd Abercynon 9-14 oed £5	4pm - 5pm "Just Play Football" CBDC Abercynon 6-9 oed £2
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DYDD Mercher 21	10am - 10:45am Sesiwn Chwaraeon RhCT i Blant Bach Tonyrefail 2-5 oed £2	10am - 2pm Diwrnod Reidio Beic Aberdâr I bob oed AM DDIM	12pm - 3pm Mynediad Agored i Gae 3G Glynrhedynog 11-25 oed AM DDIM	4pm - 5pm "Just Play Football" CBDC Tonyrefail 6-9 oed £2	5pm - 6pm Prosiect Ieuenctid Fernhill: Aml-Chwaraeon Aberpennar 11-25 oed AM DDIM
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DYDD Iau 22	4pm - 5pm "Just Play Football" CBDC Treherbert 6-9 oed £2
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DYDD Gwener 23	10am - 10:45am Sesiwn Chwaraeon RhCT i Blant Bach Aberdâr 2-5 oed £2	10am - 1pm Gwersyll Chwaraeon Clydach Vale 5-11 oed £3				
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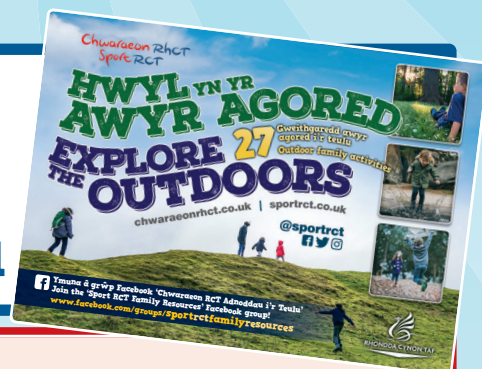
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Wythnos 6: 26 - 30 Awst



DYDD Llun 26

GŴYL Y BANC

Beth am gael syniadau am weithgareddau AM DDIM i deuluoedd trwy edrych yn ein llyfryn Hwyl yn yr Awyr Agored Chwaraeon RhCT?

www.rctcbc.gov.uk/HwylYnYrAwyrAgored

DYDD Mawrth 27

4pm - 5pm

“Just Play Football” CBDC

Abercynon

6-9 oed £2

DYDD Mercher 28	10am - 10:45am Sesiwn Chwaraeon RhCT i Blant Bach Tylorstown 2-5 oed £2	10am - 2pm Gwersyll Pêl-rwyd Pentre'r Eglwys 9-14 oed £2	10am - 2pm Diwrnod Reidio Beic Aberdâr I bob oed AM DDIM	4pm - 5pm “Just Play Football” CBDC Tonyrefail 6-9 oed £2	5pm - 6pm Prosiect Ieuenctid Fernhill: Aml-Chwaraeon Aberpennar 11-25 oed AM DDIM
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DYDD Iau 29

4pm - 5pm

“Just Play Football” CBDC

Treherbert

6-9 oed £2

DYDD Gwener 30	10am - 12pm Gwersyll Chwaraeon Cynhwysol Aberdâr 3-16 oed £3	10am - 1pm Gwersyll Chwaraeon Cwm Clydach 5-11 oed £3			

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