



PICKLEBALL
LLANTRISANT

Wedi'i gefnogi gan **Chwaraeon RhCT**
Supported by **Sport RCT**

PICKLEBALL

at Llantrisant Leisure Centre

BEGINNERS AND IMPROVERS
Thursday: 9:00am – 10:00am

INTERMEDIATE AND ADVANCED PLAY
Tuesday: 10:00am – 12:00pm
Thursday: 10:00am – 12:00pm

ADVANCED PLAY
Wednesday: 7:00pm – 9:00pm

Pickleball is a fun and lively racket sport game for all ages and abilities.

Pickleball is a combination of badminton, tennis and table tennis.

The rules are simple and the game is easy to learn, but can be developed into a fast paced, competitive game for more experienced players.

The sport is low impact on your joints and is ideal for anyone who has given up racquet sports due to minor mobility problems, as well as it being extremely fun for those of you looking to try a new activity.

For bookings or more information contact:

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