

What is it?

Safeguarding is the action we take to promote the welfare of children and adults at risk and to protect them from harm. Having clear Safeguarding policies and procedures will protect your sports coaches and volunteers and support them in difficult situations.

What should every club have?

- A trained Club Welfare Officer on the committee
- A Safeguarding and Child Protection policy
- Criminal record checks (DBS checks) for all volunteers (aged 16 and over)
- Volunteers with appropriate training and qualifications
- A culture of listening to and consulting with children
- Appropriate coach to player ratios
- Codes of conduct for coaches, players and parents
- Clear whistleblowing procedures to encourage volunteers to raise concerns
- Clear escalation procedures for when issues are not dealt with
- Volunteers that understand they must record and report any disclosures/concerns

Your club needs safeguarding policies and procedures...

to safeguard all club members and volunteers - especially children and vulnerable adults.

Who needs Safeguarding training?

- As many club volunteers as possible - it is good practice for all volunteers to attend the 3 hour course
- We recommend at least one person per team/section

Every parent, member, coach or volunteer should be aware of your club and governing body's safeguarding policies and procedures.

Top Tips...



1 Engage with your NGB or LA for support

2

There are fantastic resources on the CPSU website:
<https://thecpsu.org.uk/>



3

Share our "20 ways to make sport fun for children" infographic with all junior coaches

Good practice

- Give all new members and coaches a welcome pack which includes your commitment to safeguarding – update this each year
- Get signed parental consent and emergency contact details for each junior member
- Keep regular, open communication with members/parents

Looking for a Safeguarding course?

- We have UK Coaching SGCP courses as part of our Play your Part calendar. Find more details at www.rctcbc.gov.uk/playyourpartcalendar
- Be aware: The FAW and WRU prefer their clubs to complete their sport specific courses
- Applying for a Sport Wales Community Chest grant? You can apply for funding for Safeguarding courses