



SportRCT

Case Study

Ynyshir Primary School Student Placement project

Each year we link with the University of South Wales and provide placements for their sport students. We work with students in Year 2 to offer placements in schools, as part of one of their course modules. During the 22/23 academic year we worked with 22 students, who completed 1470 hours, across 10 different primary schools, engaging over 550 children.

Three students were placed in to Ynyshir Primary School to complete a sport and physical activity project. They developed a project in partnership with the school which aimed to increase the participation levels of children in Year 2 and 3. The school identified that these year groups were doing significantly less than others when it came to physical activity. The students used creative themes to develop and deliver multi-sport sessions that focused on confidence. The sessions aimed to improve Fundamental Movement skills, while getting the children involved in and enjoying physical activity.

Using story telling the students delivered activities which introduced the children to various objects, skills, games and equipment. The students also introduced some sport related games to improve the children's knowledge of key sports. They designed the sessions so that the emphasis was

on fun and the children would feel less pressure while playing. To meet targets of the National Curriculum, the students also included literacy, numeracy, and problem-solving tasks within their sessions.

The children enjoyed the sessions, and their confidence grew each week. The school were very pleased with the project and teachers have seen a big impact on the children. School Sport Survey 2022 results showed that only 38% of the school's year 3 students participated in sports outside of the curriculum. Following the project, 21 participants out of 44 have already joined new sports groups outside of school. This demonstrates the success of the placement and that the students are enjoying being more active.



"Thursdays are my favourite day because I know you're coming in" - Child

"You have really helped bring some children out of their shell. They wouldn't have got involved before but now they are really into it" - Teacher

