



SportRCT Case Study

Tonysguboriau Primary

Tonysguboriau Primary Bronze Young Ambassadors worked with their teachers to apply to our school fund. They required £200 funding for equipment, which would help them to establish a Parkour club after school. The club would focus on jumping and moving, and give an alternative to the team based sports that the school normally offered as extra-curricular activities. During the application process their idea evolved slightly to incorporate more of a gymnastics element, with the suggestion of a member of staff attending a coaching course.

With Covid restrictions still in place within school, the club could not run as an extra-curricular activity, so the Ambassadors adapted their plans and incorporated them into lessons. The Ambassadors led a series of lessons for Year 6 initially and then began delivering to younger age groups focusing on jumping, landing and moving across equipment in different ways.

The four Ambassadors developed their confidence in leading class sessions, gained an understanding into planning lessons and developed a sense of responsibility for looking after and coaching the pupils under them. In total they delivered sessions to 90 pupils, across Year 3, 4 and 6.

