Chwaraeon Rhct Sport RCT

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Case Study



Sport RCT Volunteer - Connor

Connor is a student at Coleg Y Cymoedd. As part of our partnership with the college a number of sports students help us with the delivery of our festivals and competitions. Connor supported one of our festivals and began talking to one of our officers about volunteering. He expressed passion for coaching football and told us he wanted to gain more experience. We were recruiting coaches for a new project that we were delivering in partnership with the FAW Trust. Connor signed up and delivered fun football sessions to under 7's throughout the summer holidays. His passion and commitment to this project led to him becoming a paid coach with the FAW Trust delivering football camps. In order to continue his coaching Connor then took on an assistant coach role with a local football club supporting their U9's team. He has stayed in contact with us and has agreed to support our other upcoming football projects.

Since volunteering with Sport RCT his confidence as a coach has become more relaxed and controlled. The experience has allowed him to shape his academic and personal performance to a high standard. As his tutor it has been pleasure to see.

Rhys Williams, Coleg Y Cymoedd Lecturer

Connor has grown in confidence since starting his volunteering. It has helped him learn to be more hardworking, reliable and punctual, all good qualities needed for a future in work.

Connor has enjoyed his experience and hopes to continue with his volunteering journey. We are grateful for all the support and guidance he has been given by both Sport RCT and FAW Trust.

Ruth. Connor's mother

