

Case Study

Aberdare Park Primary – Park Fun Club

Aberdare Park Primary school wanted to develop a new after school club which targeted children who were less likely to be involved with school sports teams and clubs.

The Bronze Young Ambassadors worked with the PE Co-ordinator to create their Park Fun Club idea which utilised a local park. They decided to base the club at Aberdare Park as it is a fantastic facility right on their doorstep.

The aim was to increase the amount of physical activity that pupils took part in each week and to encourage children to visit the park with their families outside of school time.

The club isn't a typical 'sports' club as it involves fun activities such as scavenger hunts and obstacle courses. The club is open to pupils of all ages and abilities and parents are encouraged to accompany foundation age children.

Why they did it?

- To improve the health and wellbeing of pupils
- To attract 'non-sporty' pupils
- To provide an alternative form of physical activity

“ Children have worked in groups to solve problems, share ideas and help each other. Children have developed confidence, skills and friendships. ”



Teachers
Involved

3



39

Children
Engaged

Males

18



21

Females



Children made
new friends

68%

64%

Children feel
more confident



Children felt
listened to

68%



64%

Children
now play
more often

