

Ar agor: Haf 2016 / Opening: Summer 2016

CAMPFA NEWYDD CANOLFAN CHWARAEON ABERCYNON NEW GYM ABERCYNON SPORTS CENTRE Parc Abercynon, CF45 4UY

Sesiwn Gyntaf AM DDIM / First Gym Session FREE

Campfa newydd ei hadnewyddu gydag ystod wych o offer a dosbarthiadau ffitrwydd.
Dewch â'r daflen yma gyda chi i'r gampfa a bydd eich sesiwn gyntaf AM DDIM.

Newly refurbished gym with a fantastic range of fitness equipment and classes.
Bring this leaflet to the gym and enjoy your first session FREE of charge.

Am yr wybodaeth ddiweddaraf, hoffwch ni ar Facebook:
For the latest information, like us on Facebook:

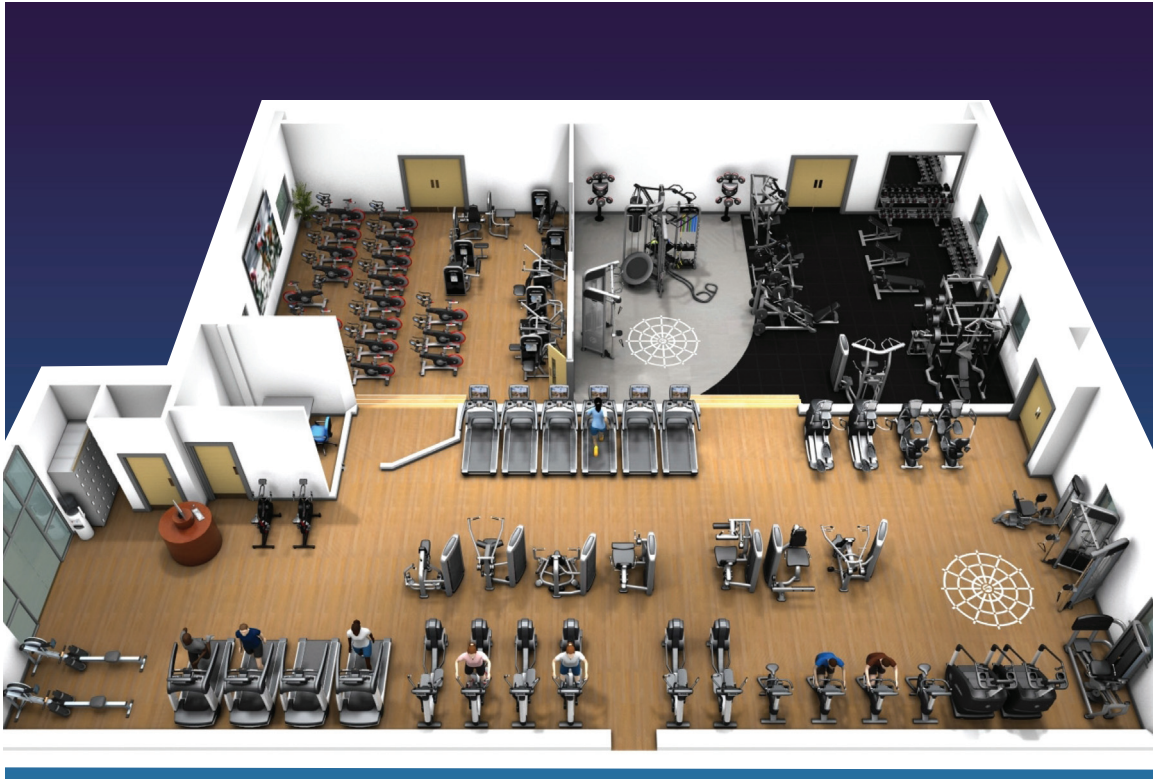


Abercynon Sports Centre
www.rctcbc.gov.uk/chwaraeonabercynon
www.rctcbc.gov.uk/abercynonsports



ASC





Rhowch eich manylion isod / Please complete:

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Cod Post: / Postcode:

Rhif Ffôn: / Phone Number:

E-bost: / Email Address:

Am gyflwyniad i'r gampfa, ffoniwch: / For a gym induction, please call: 01443 740141



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