

un sector: un gweithlu · one sector: one workforce

Cwm Taf Social Care Workforce Learning Disability Training Calendar

October 2023 - March 2024

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Welcome to this edition of the Cwm Taf Social Care Workforce Development Service schedule of training events for October 2023 – March 2024.

The key features of this programme are:

- The programme has been produced in this format to enable managers to plan staff release for the courses that may benefit their staff.
- Courses are listed alphabetically.
- There is also a chronological calendar at the end of the schedule to show when all training sessions are taking place in relation to each other.
- You will be able to nominate staff four months in advance. However, please note you will only have confirmation of places, 5 weeks in advance.
- The later dates are published at this time for your information only to assist in planning rotas etc.
- This training is available to staff working across the Rhondda Cynon Taf and Merthyr County Borough
- boundaries unless otherwise specified in the course details
- If there are particular training topics that you would like to see in any subsequent programme, please get in touch with the relevant training officer:
 - Ceri Watts enquiries in respect of learning disabilities
 Ceri.Watts@rctcbc.gov.uk
 - For Vocational Qualifications, induction or safeguarding enquiries please contact Jillian Davies by emailing <u>Jillian.Davies@rctcbc.gov.uk</u>
 - For management development, enquiries please contact <u>Ceri.Watts@rctcbc.gov.uk</u>
- Please note that there is a limit to the amount of Health and Safety training that is allowable under grant conditions, as these topics are an employer's statutory responsibility.
- All the training in the schedule continues to be free of charge.
- Most training on offer has now transferred to a digital format.

Booking process

If you wish to attend any of the courses identified in this programme, please complete the electronic booking form sent with the schedule. clearly stating which course, you wish to attend and on what date. If you would like an email version of the form, or if you have any queries then please contact Hannah.k.johnson@rctcbc.gov.uk

Please check the "**Target Audience**" carefully before making any nomination, so that the right people go on the right courses. Some courses are only available to those working in RCT and other courses are only available to those working in Merthyr, so it is important to check on the course details prior to nominating individuals.

Many of our courses are extremely popular and tend to get booked up very quickly. Please do not send members of staff who have already attended the same course again unless it is an ongoing development opportunity.

If you have a new member of staff, please check to see if they have attended courses run by the training and development team with their previous employers.

The booking form must be completed with the details of a **named** member of staff. We cannot hold places for unspecified staff. This is because we cannot enter the data on to our computer system and reserve the place without this information.

Once completed, please return to Hannah.k.johnson@rctcbc.gov.uk / socialcaretraining@rhondda-cynon-taff.gov.uk

We will need the email address of the participant for them to join the training.

We are working on a new system to ensure that managers are notified of allocated places. If you need to check if staff have been allocated a place, please get in touch with the training team socialcaretraining@rhondda-cynon-taff.gov.uk

If a particular course is oversubscribed, the person will be placed on a reserve list.

Five weeks prior to the training confirmation will be sent out to the organisation that has booked the course. It is for managers to pass on this information to their staff prior to the course taking place. The course programme is the final confirmation that places have been secured on the training. If courses are under subscribed at this time period maybe subject to change.

If you have to substitute staff through sickness or absence, please let a member of the admin team know at your earliest convenience.

Please can you ensure that all staff sent on training have been through this booking procedure. Unregistered staff will not be able to attend.

If you have any queries about booking a place, please contact the appropriate training officer.

Cancellations will only be accepted 7 days prior to the training date. Cancellations received after this time are counted as non- attendance. This is because the training department need enough time to re-advertise the training place to ensure that resources are used to best effect and to make sure that the training place is not wasted.

Accessibility Issues

When you are applying for courses put on through the Cwm Taf training and Development Team, please can you make sure that any digital accessibility needs are highlighted to us, and we will try our best to accommodate them (hearing, sight etc).

When making your bookings, please notify us if you have staff who:

- Are wheelchair users
- Have mobility problems
- Have hearing or sight impairments
- Have literacy and numeracy issues
- Have conditions which may be affected / aggravated by the learning environment (e.g., epilepsy)
- Have issues relating to recent surgery or injury (e.g., back problems)
- · Have other learning needs which might affect their ability to participate fully

It is important to notify the social care training business admin team at the booking stage, so that information can be shared with trainers and the sessions tailored to meet the needs of learners.



Attending training on a virtual platform.

- Please join using the link sent via email by the course administrator.
- You may have been sent pre-course materials, please read these documents to prepare for the session.
- Make sure that you join us using a functioning electronic device such as laptop or PC and try to familiarise yourself with the training platform prior to the event.
- Make sure that your camera is on throughout the session and place your microphone on mute, unless requested otherwise (such as during group sessions). This ensures there are fewer distracting background noises for all participants.
- The trainer will outline any other general housekeeping rules around virtual etiquette, at the beginning of the session.
- The trainer will explain how introductions will be made either verbally or via the 'chat' facility.
- Please 'join in', active participation is vital to a successful learning experience.
- Use the chat function to pose any questions to the trainer, these will be addressed at various points during the event at the trainer's discretion.
- Electronic certificates will be e-mailed to participants on receipt of a completed evaluation, which will be sent to those who have attended and participated in the session.

Social Care Wales electronic resources and Information Pages

Social Care Wales have a variety of electronic resources to assist you in skilling your staff whilst we are in the pandemic.

https://socialcare.wales/service-improvement/information-and-resources-to-guide-you-through-covid-19

There are a number of electronic learning packages listed on these pages with instructions about how to access.

Please click on the link 'Training modules and courses for care workers'

There are a variety of learning materials relating to wellbeing and the 'what matters' conversation.

There are also lots of learning topics hosted by 'Learning Wales'

You will find free courses here about infection control.

You will need to register to access these courses. There is a helpful live chat function, where someone is available to assist with access issues and to provide you with a learning 'enrolment learning key'.

Social Care Wales is also your place to find the 'information and learning hub'. If you look here, you will find resources relating to SSWBA and RISCA including PowerPoint presentations, films and FAQs

https://socialcare.wales/hub/home



Topic	Trainer	Duration
Personality Disorder	Anna Minogue	10:00 - 13:00pm

Aims/Objectives

 Defining personality disorder; problems with the diagnosis; different types of personality disorder; causes of personality disorder – the role of trauma; recognising personality disorder; personality disorder and risk; treatment pathways & principles of support; why it might be difficult to give and receive support; adapting to the PD individual's needs; resources for personality disorder

Date	Venue	Closing Date
01/09/2023	Teams	
24/11/2023	Teams	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Nominations to be sent to: <a href="mailto:Hannah.k.johnson@rctcbc.gov.uk/socialcaretraining.gov.uk/socialcaretraining.gov.uk/social

Topic	Trainer	Duration
Positive ways of Understanding Behaviour in Autism	Helen Robinson	09:30 - 16:00pm

This one-day course will help participants understand the reasons for what is seen as difficult or challenging behaviours of people with an Autism Spectrum Conditions and how you can work in a positive way to help change these behaviours.

Difficult or challenging behaviour often has its roots in the way the world views characteristics of autism or how others' behaviour or the environment affects people with an Autism Spectrum Conditions

This course will help better understand 'difficult' or 'challenging behaviour' in people with an Autism Spectrum Conditions and positive ways to help change these behaviours.

At the end of the course learners will:

- Recognising how the characteristics of autism often look like challenging behaviour
- ♦ How to assess 'difficult' behaviour using the Iceberg Model
- ♦ Developing person centred approaches to reduce 'difficult' behaviour
- ♦ How understanding the characteristics of autism can reduce 'difficult' behaviour when you consider the association between autism and challenging behaviour
- ♦ How the principles of positive behaviour support strategies can help develop positive outcomes for people with autism
- ♦ Explore the ways we can develop ourselves as carers and practitioners in order to support people with autism
- Strategies to support the development of positive behaviour strategies for people with autism.

Date	Venue	Closing Date
11/09/2023	Rock Grounds, High Street, Aberdare, CF44 7AE	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Nominations to be sent to: <a href="mailto:Hannah.k.johnson@rctcbc.gov.uk/socialcaretraining.gov.uk/socialcaretraining.gov.uk/social

Topic	Trainer	Duration
Epilepsy Awareness	Cwm Taf LHB	10:00 – 14:00

Aims:

Following the training participants will:

- Have knowledge of the different types of epileptic seizures
- Be able to recognise and describe a tonic / clonic epileptic seizure
- Be able to describe the principles of managing an epileptic seizure
- Be able to describe the impact of epilepsy on lifestyle
- Be able to accurately describe the difference between status epilepticus and serial seizures

Participants will also need their own bottle of water, and a cup/vessel that they will be asked to use during the training to practice the administration buccal midazolam

Date	Venue	Closing Date
26/10/2023	Rock Grounds, High Street, Aberdare, CF44 7AE	
24/11/2023	Rock Grounds, High Street, Aberdare, CF44 7AE	
19/01/2024	Rock Grounds, High Street, Aberdare, CF44 7AE	
09/02/2024	Rock Grounds, High Street, Aberdare, CF44 7AE	
22/03/2024	Rock Grounds, High Street, Aberdare, CF44 7AE	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Nominations to be sent to: <a href="mailto:Hannah.k.johnson@rctcbc.gov.uk/socialcaretraining.gov.uk/socialcaretraining.gov.uk/socialcaretraining.gov.uk/socialcaretra

Topic	Trainer	Duration
Understanding Mental Health Conditions	Anna Minogue	10:00 – 13:00pm

Learning Outcomes

- Increase participants' understanding of MH
- Identify different models of MH
- · Consider the role of stress in relation to MH
- Describe different mental health conditions such as Anxiety Disorders, Depression, Personality Disorders
- Treatment & Support options that may be available.

Date	Venue	Closing Date
10/10/2023	Teams	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Topic	Trainer	Duration
Inclusive Communication	Speech & Language Team	9:30 – 15:30pm

Target Audience: All staff with a responsibility for safety in their workplace

To provide participants with knowledge of all person centred forms of Communication used by individuals with a learning disability. Increase understanding of underpinning standards for communication with individuals and the use of co-production during all interactions. This is to ensure individuals are included and have a voice and staff/carers feel able to implement individual speech and language therapy guidance.

Learning Outcomes

To have a better understanding of functional, effective, and valued communication

To have a better understanding of the different means, reasons, and opportunities for effective communication

Learn more about different methods to support communication and ways to use them

To understand the importance of choice making and communication skills required.

Date	Venue	Closing Date
17/10/2023	Rock Grounds, High Street, Aberdare, CF44 7AE	
08/02/2024	Rock Grounds, High Street, Aberdare, CF44 7AE	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Topic	Trainer	Duration
Assisted Eating & Drinking	Speech & Language Team	9:30 – 14:00pm

To increase participants awareness of the eating, drinking and swallowing process. Difficulties in the process and potential consequences. Safe practice and management strategies.

- The anatomy of the head and neck and the stages of a normal swallow
- What can go wrong with the swallow
- Why intervention is necessary
- Different food textures and drink consistencies and why food and drinks need to be modified
- Practical considerations for safe eating and drinking
- Multi-Disciplinary working and Risk Assessments
- When and how to refer an individual to speech and Language Therapy Services

PLEASE NOTE

New members of staff will need to complete the Level 1 e-learning, including post training questionnaire before attending this course.

It is recommended that this face-to-face training is undertaken every three years, or at manager's discretion if required sooner. To maintain knowledge, it is recommended that staff complete the Level 1 & 2 e-learning as an annual refresher.

Date	Venue	Closing Date
07/11/2023	Rock Grounds, High Street, Aberdare, CF44 7AE	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Topic	Trainer	Duration
LD & Dementia	Tony Waters	9:30 – 12:00pm

Aims/Objectives

- Understand what Dementia is.
- Understand the key features of a Learning Disability.
- Understand effects of 'normal' ageing.
- Understand the diagnosis of Dementia in people who have a Learning Disability.
- Consider the effects of Dementia on a person who already has a Learning Disability
- Explore effective strategies to support a person to live well with Dementia

Date	Venue	Closing Date
09/11/2023	Teams	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Nominations to be sent to: Hannah.k.johnson@rctcbc.gov.uk / socialcaretraining@rctcbc.gov.uk / socialcaretraining@rctcbc.gov

Topic	Trainer	Duration
Autism Awareness – Previously known as ASD 1	Helen Robinson	9:30 – 16:30pm

Aims

This course is designed for practitioners who are relatively new to the field of autism or who need a refresher. Participants will be introduced to basic concepts and theories relating to Autism Spectrum Conditions. The notion of autism as a spectrum will be explored along with biological, psychological, and behavioural aspects of the condition. The course will introduce practical approaches alongside theoretical principles. It will be interactive with opportunities for discussion and questions.

At the end of the course, you will be able to:

- Recognise the main characteristics of behaviour for people on the autism spectrum
- Understand the triad of impairment
- Understand the range of the spectrum
- Appreciate the particular differences of understanding language with people on the autism spectrum
- Understand the need to backup spoken language visually to help understanding
- Appreciate the importance of routine and predictability for people on the autism spectrum
- Understand the complexity of social interaction
- Appreciate the sensory differences of people on the autism Strategies

Date	Venue	Closing Date
21/11/2023	Rock Grounds, High Street, Aberdare, CF44 7AE	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Topic	Trainer	Duration
Visual Support Strategies (Previously known as ASD Level 2)	Helen Robinson	9:30 – 12:30pm

Aims

The course provides practical ideas and techniques on how to develop visual support strategies. It is aimed towards the adult population that has Autism Spectrum Condition.

It addresses issues of communication, self-management, and Active Support and will offer solutions to difficulties through discussions and demonstrations of actual life examples.

At the end of the course learners will now how to:

- Increase levels of participation, independence and communication for people with Autism who are verbal and non-verbal.
- Helps the person understand expectations
- Helps the person learn more easily
- Helps the person generalise
- Builds self-esteem

Date	Venue	Closing Date
07/12/2023	Rock Grounds, High Street, Aberdare, CF44 7AE	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Topic	Trainer	Duration
Diabetes Awareness	Cwm Taf LHB	10:00 – 12:00pm

Aims and Objectives

By the end of the session participants will:

- State the differing types of Diabetes.
- To state common difficulties living with Diabetes.
- To state common treatments for Diabetes.
- To state basic dietary requirements for persons with Diabetes.

Date	Venue	Closing Date
12/12/2023	Teams	
12/03/2024	Teams	

Any queries in relation to the course content please email:

Ceri.watts@rctcbc.gov.uk

Nominations to be sent to: Hannah.k.johnson@rctcbc.gov.uk / socialcaretraining@rctcbc.gov.uk / socialcaretraining@rctcbc.gov





cwm Taf Adult Safeguarding **Training**

For more information, advice and guidance please visit:

http://www.cwmtafsafeguarding.org/adults/cwm-taf-mash/



















Topic	Trainer	Duration
Hate Crime Awareness	Ginnie Davies, RCT Community Safety Partnership	09:30 – 11:00am

Target Audience: All internal / partnership staff who work in direct care services within Merthyr Tydfil / Rhondda Cynon Taff

Aim of the session

- What are Hate Crime / Hate Incidents? Why does Hate Crime happen? Identify possible victims of Hate Crime Different forms of Hate Crime Reasons to report Hate Crime

- The problem of under-reporting Hate Crime Ways to report Hate Crime The impact of Hate Crime Discussion / Questions

Date	Venue
02/11/2023	Rock Grounds Office, High Street, Aberdare, CF44 7AE
22/01/2024	Rock Grounds Office, High Street, Aberdare, CF44 7AE
15/03/2024	Rock Grounds Office, High Street, Aberdare, CF44 7AE

Any queries in relation to the course content please email: Jillian.Davies@rctcbc.gov.uk

Nominations to be sent to: lyndsey.foley@rctcbc.gov.uk / socialcaretraining@rctcbc.gov.uk

Topic	Trainer	Duration
Undertaking Safeguarding Investigations'	Kevin Jones	9:30 a.m 4:30 p.m. (2 day course) (please arrive at least 15 minutes prior to this time to allow for refreshments and registration)

Refreshments available: tea and coffee (as this is full day course you are advised to take a packed lunch)

Who will be responsible for the investigation?

- Any possible conflicts of interest that potential investigators may face must be considered before they are appointed to ensure that the objectivity of the investigation is not compromised.
- the allegation(s) to be investigated, including details of the alleged victim and alleged perpetrator and any necessary details of the individual allegations.
- the time frame to be covered by the investigation (this will be important in deciding what relevant materials need to be examined and to focus any investigation on the specific allegation referred).
- the timescale for submission of the written investigation report.

Provide practitioners who may be tasked with carrying a formal Safeguarding investigation under the Wales Safeguarding Procedures with the skills required to gather and evaluate evidence, prepare reports and provide recommendations which inform the multi agency Safeguarding decision making process

Target Audience: This should only be attended by those whose job role is similar to those listed below. This level of training is likely to involve: Designated Lead Managers; Adult Care Home Managers and Deputies; Domiciliary Managers and Deputies; Social Workers, Ward Managers, Nursing Sisters, Staff Nurses, Community Nurses, Inspection Staff, Middle Managers, Purchasing and Commissioning Officers; Other appropriate staff who are responsible for undertaking non-criminal investigations.

Date	Venue
18 & 19 October 23	TBC
07 & 08 February 24	TBC

Any queries in relation to the course content please email: Jillian.Davies@rctcbc.gov.uk

Nominations to be sent to: lyndsey.foley@rctcbc.gov.uk / socialcaretraining@rctcbc.gov.uk

Topic	Trainer	Duration
Section 126 Enquiries	Jackie Neale	9:30 a.m 12:30 p.m.

Refreshments available: tea and coffee (as this is full day course you are advised to take a packed lunch)

Section 126

Aims

 To provide practitioners who may be tasked with carrying a formal Safeguarding investigation under the Wales Safeguarding Procedures with the skills required to gather and evaluate evidence, prepare reports, and provide recommendations which inform the multi agency Safeguarding decision making process

At the conclusion of the course participants will be able to demonstrate an understanding of

- scope and purpose of early clarification and confirmation of information
- scope and purpose of initial enquiries
- What information is required to complete Initial enquiries
- scope and purpose of a POVA Non- Criminal Investigation
- how to plan AND conduct Safeguarding Investigations
- the importance of gathering, preserving and non contaminating evidence
- appropriate interview and recording skills
- how to evaluate evidence and prepare report on findings
- the purpose of a final Strategy Meeting / Case Conference and what needs to be achieved

KNOWLEDGE CHECK: Participants must have completed level 2 and have an understanding of the sign's symptoms and indicators of abuse

Date	Venue
08 February 2024	Teams

Any queries in relation to the course please email <u>Jillian.Davies@rctcbc.gov.uk</u> Nominations to be sent to <u>Lyndsey.Foley@rctcbc.gov.uk</u>

Topic	Trainer	Duration
Safeguarding Adults, Level 2 Training (Previously POVA	Paul Aubrey Mandy Lewis	9:30 a.m. – 4:30 p.m.
"Level 2")	Dawn Moulden	(Please arrive at least 15 minutes prior to this time to allow for refreshments and registration)

Refreshments available: tea and coffee (as this is full day course you are advised to take a packed lunch)

Target Audience: This course is targeted at all front-line staff across the whole sector. It covers the Definition of an Adult at risk, the types of abuse, the indicators of abuse and how to make a referral with a practical exercise in the completing of an A1 form, using a case study.

Principles of Safeguarding & Protection in Health & Social Care Staff will have a sound, basic understanding of Adult Safeguarding

Target audience: This is targeted at all front-line staff working with adults, across the whole sector

Aim:

Staff will have a sound, basic understanding of Adult Safeguarding,

Objectives:

By the end of the training, staff will be able to:

- Recognise signs of abuse.
- Demonstrate understanding of their role & responsibilities in working with adults at risk.
- Know how to respond to suspected or alleged abuse & how to make a referral.
- Understand the national & local context, including the legal framework surrounding safeguarding and how to make a referral.

Date	Venue	
19th October 2023	TBC	
11th January 2024		
6 th March 2024		

Topic	Trainer	Duration
Level 2 Safeguarding Refresher for DIRECT CARE STAFF	Paul Aubrey. Dawn Moulden Mandy Lewis	9:30 a.m. – 12:30 p.m. (please arrive at least 15 minutes prior to this time to allow for refreshments and registration)

Refreshments available:

Target Audience: Direct care workers who have previously completed a POVA level 2 or Safeguarding level 2 prior to 2018

Aim:

- Know own role in relation to safeguarding adults at risk from harm, abuse and neglect
- Understand how individuals are protected from harm, abuse and neglect
- · Know how to recognise different types of harm, abuse and neglect in the work place

Date	Venue
20th September 2023	TBC
15th November 2023	
26th January 2024	
29th February 2024	

Topic	Trainer	Duration
Level 2 Safeguarding Refresher for SUPERVISORY STAFF	Paul Aubrey. Dawn Moulden Mandy Lewis	1:30 p.m. – 4:30 p.m. (please arrive at least 15 minutes prior to this time to allow for refreshments and registration)

Refreshments available: tea and coffee

Target Audience: Supervisory workers who have previously completed a POVA level 2 or Safeguarding level 2 prior to 2018, and are currently in a supervisory position

Aim:

- Know own role in relation to safeguarding adults at risk from harm, abuse and neglect
- Understand the changes is your role for safeguarding
- Understand how to support staff to understand their role in safeguarding and monitoring safeguarding practices.
- Know how to report abuse through the correct channels and take appropriate action in your role.
- Awareness of other professionals involved in the safeguarding process and the role of coproduction.

Date	Venue
20th September 2023	TBC
15th November 2023	
29th February 2024	

Topic	Trainer	Duration
Roles and responsibilities for person centred safeguarding – Level 3	Cwm Taf Safeguarding training Delivery Group	9:30 a.m. – 4:30 p.m. (please arrive at least 15 minutes prior to this time to allow for refreshments and registration)

Refreshments available: This is full day course you are advised to take a packed lunch

Target Audience: This should only be attended by those whose job role is similar to those listed below. This level of training is likely to involve: Adult Care Home Managers and Deputy's; Domiciliary Managers and Deputy's; Police officers, Social Workers, Day Care Officers, Ward Managers, Nursing Sisters, Staff Nurses, Community Nurses, Inspection Staff, Middle Managers, Other appropriate staff who are responsible for responding to reported concerns.

Aims:

To equip Provider Managers with the knowledge and skills to deliver services which safeguard adults in line with National guidelines and best practice.

Learning outcomes:

- Demonstrate an understanding of the role of your organisation in the Safeguarding process
- Demonstrate an understanding of your own role and responsibilities with regards to the Safeguarding process within your organisation:
 - respond appropriately to a Safeguarding alert
 - clarify information
 - manage immediate risks
 - accurately complete an A1 (or PPN for Police officers)
- Identify capacity and consent issues relevant to the Safeguarding process
- Demonstrate an understanding of your role in gathering information which will assist the decision making process.
- Identify what to do and what not to do with regard to preserving evidence
- Demonstrate an awareness of the stages of the Safeguarding process and the implications for yourself and / or your agency

KNOWLEDGE CHECK: Participants must have completed level 2 and have an understanding of the signs symptoms and indicators of abuse

Date	Venue
	TBC

Topic	Trainer	Duration
Sexual abuse against older people	Martin Vaughn	9;30-4;30
		Teams
		(please arrive at least 15 minutes prior to this time to allow registration)

Target Audience: This training is primarily aimed at staff working in social care. The member of staff doesn't necessarily have to be undertaking a social care role – Gardeners, maintenance staff, domestics and cooks are all encouraged to participate where appropriate.

Aim:

- Recognise sexual abuse in older people
- Understand human trafficking and how these impacts on abuse of older people
- Modern Slavery and adult Trafficking Increased understanding of the definitions and UK framework.
- Modern Slavery Types Increased understanding of all exploitation, improved recognition in the identification of adults who may be trafficked.
- National Referral Mechanism Increase your knowledge of the process including first responders.
- The Legislation Overview of the Modern Slavery Act and relevant sections.

Date	Venue
TBC	TBC