You are invited to take part in the 'Your Life, Your Care' survey in 2018.

This information sheet will tell you about the survey. Before you begin the survey please read through all of the information. It is important that you know what the survey is about. You can ask an adult you trust to help you read through this information

Your Life, Your Care

Information sheet for children and young people aged 8-18

What is the survey about?

- A survey asks you questions about certain things. This survey asks questions about what you think about your time in care over the last year.
- This survey asks questions on what you think about your social worker, your carer, your friends, the things you get to do, the support you get and how you feel.

Why should I take part?

• We want you to take part so that you can help your local authority know how to make life better for all children in care.

Do I have to take part?

• No, you do not have to take part in the survey; it is up to you.

How can I take part in the survey?

- You can use a computer, tablet, phone or paper to complete the survey. Your trusted adult can help with this, but you will not get in trouble for anything you say.
- The survey should take you about 10 minutes to complete.



Who will see my answers?

 We will not tell anyone what answers you have ticked. If someone is helping you complete the survey they will already have been told that they must not share your answers with anyone. However, they will have to tell your social worker or someone from your local authority if you tell them something that means either you or someone else is in danger or at risk of harm.

What if I need help?

- The adult who has shared this survey with you can help you to complete the survey if you need help.
- It is important that your carer or social worker does not help you complete the survey—some of the questions are about them!

What happens after I finish the survey?

- Your answers will be kept on a computer at Coram Voice.
- Your answers will then be put together in a report with answers from other children in care and sent to your local authority. Your name will not be in the report.
- Your local authority will look into making changes based on the things you say.

This survey is anonymous. That means that we cannot tell who you are or who gives what answers to the questions in the survey. If you have any worries or want help with anything do let someone know. If you want help or support, speak to your social worker or the person who is helping you with the survey.

You can also call ChildLine on 0800 1111 or visit <u>www.childline.org.uk</u>. They have a free telephone and online chat service open 24 hours a day, 7 days a week.

The Children's Commissioner for Wales: Investigations and Advice Service – To contact: Ring 0808 801 1000 or 01792 765600 Text 80800 for free (starting your message with COM) Email: advice@childcomwales.org.uk